



## AMY MAUDE HELFER | AEA

Legit Mezzo: Eb3 to C6 | Belt: to Eb5  
Height: 5'4" | Eyes: Brown | Hair: Brown | Pronouns: she/her  
www.amymaudehelper.com

Representation: Insignia Artists Management | gloria@insigniaartists.com | (917) 525-2011



### Regional

*The Sound of Music*  
*A Little Night Music*  
*Sweeney Todd*  
*Company*

Sister Margareta  
Petra  
Mrs. Lovett  
Kathy/ Dance Captain

Ivoryton Playhouse  
Union Avenue STL; Madison Lyric Stage  
Hawaii Performing Arts Festival  
Oberlin Theatre & Dance

### US Tours

*The Pirates of Penzance*  
*The Mikado "Re-Imagined"*

Kate  
Pitti-Sing

>90 performances, NY G&S Players  
>50 performances, NY G&S Players

### NYC Operetta (select)

*Iolanthe*  
*The Yeomen of the Guard*  
*The Gondoliers*  
*The Pirates of Penzance*

Iolanthe  
Phoebe  
Tessa  
Ruth

Kaye Playhouse  
New York City Center  
Kaye Playhouse; Skirball Center  
Utopia Opera

### Cabaret/ Concert

*Concert for Sugihara* (Yiddish)  
Mid-America Productions  
Manhattan Concert Productions  
Sondheim, Porter, Bernstein/Golden Age

Alto Soloist – US PREMIERE  
Alto Soloist  
Alto Soloist  
Mezzo Soloist

New York City Opera at Carnegie Hall  
Carnegie Hall  
Carnegie Hall  
Sanibel Music Festival

### Industrial

Confidential pharmaceutical campaign  
Medical patient simulation

Chatty Cat Productions, Brooklyn NY  
ZS Associates, Princeton NJ

### Voiceover & Recordings

*Our Mutual Friend*  
POD Dylan  
InvestmentNews

Lady Tippins/Ensemble  
Guest (self)

Studio Cast Recording  
Podcast about Bob Dylan

### Opera (select)

*The Barber of Seville*  
*Carmen*  
*Trouble in Tahiti*  
*The Marriage of Figaro*  
*Cinderella*  
*Hansel and Gretel*

Rosina (feisty, comedic ingenue)  
Carmen (independent woman)  
Dinah (struggling housewife)  
Cherubino (amorous young man)  
Cinderella (kindhearted maid)  
Hansel (boy); Witch (problems)

New York City Opera at Bryant Park  
Narnia Festival, Italy  
Boheme Opera NJ  
Dayton Opera  
Quisisana Resort  
Boston Lyric Opera; Opera Theater of CT

### Awards

Lotte Lenya Competition  
Asimov Award for Artistic Achievement

Semifinalist  
2021-22 Recipient (NY Gilbert & Sullivan Players)

### Training

Dance  
Voiceover  
Voice  
Coaches  
Master of Music  
Bachelor of Music

Jazz, Lyric, Tap, Ballet (6 years): A Dancer's Workshop, Cheshire CT  
Jason Saspotas  
Andrea DelGiudice, Valerie Sorel, Stephanie Samaras, Diane Elias  
Mory Ortman, Eric Trudel, Danny Beckwith, Michael Fennelly  
Boston University: Voice Performance  
Oberlin Conservatory: Voice Performance, Music Education

### Special Skills

Alto sax (9 years); Guitar (elementary); Choral conducting; BBC British accent; High holiday cantorial soloist; Basic conversational French, Italian; Proficiency singing German, Hebrew, Yiddish; Driver's license; Excellent sight-reader